

# WOMEN'S SERVICES

## Overview

At Charleston Center, trained and certified counselors collaborate with each client to design a series of interventions that are unique, achievable and help each client begin the road to lasting recovery.

Women's Outpatient Services provides services five days a week. Group therapy sessions are held in the morning, four days a week. Individual and family therapy is also offered. In addition to group process, topics are Seeking Safety (trauma coping skill group), nutrition, self-esteem, alcohol and drug education and conflict resolution.

Charleston Center offers day and evening services to fit busy schedules and transportation needs. We are located in a modern facility where the safety and confidentiality of our clients is important.

Limited transportation and childcare is available.

**Addiction is a complex but treatable disease that affects brain function and behavior.<sup>1</sup>**

<sup>1</sup>National Institute on Drug Abuse (2009). Principles of Drug Addiction Treatment: A Research Based Guide(2<sup>nd</sup> ed., NIH Publication No. 09-4180).

## Financial

Private insurance and Medicaid are accepted and billed on your behalf. Individual arrangements for payment plans can be made at initial intake, or as financial conditions change.

## What happens when someone calls for services?

An initial screening will take place to assess a person's need for services. If a person is to be admitted to service, upon arrival, a clinical counselor will interview the client and complete a full comprehensive assessment. This process is used to identify a person's strengths in an effort to initiate a successful treatment experience.

Next, the client and counselor will design an Individual Plan of Care to help identify and work toward solving current stressors.

Charleston Center recognizes that people often arrive to addiction treatment with job, family, legal and health problems, which are addressed in the Plan of Care.

Women's Services supports Charleston Center's New Life Unit, which provides for long-term treatment in a gender-specific residential setting, allowing women in treatment to have up to two of their children (newborn through five years of age) reside with them.

On-site childcare is provided by Therapeutic Behavioral Services, a child development program designed to meet the needs of children (newborn through five years of age) who may have developmental delays due to the effects of substance abuse.

**FOR INFORMATION  
AND REFERRALS**

**24-HOUR HELPLINE**

**843-722-0100**

**[cchelp@charlestoncounty.org](mailto:cchelp@charlestoncounty.org)**

